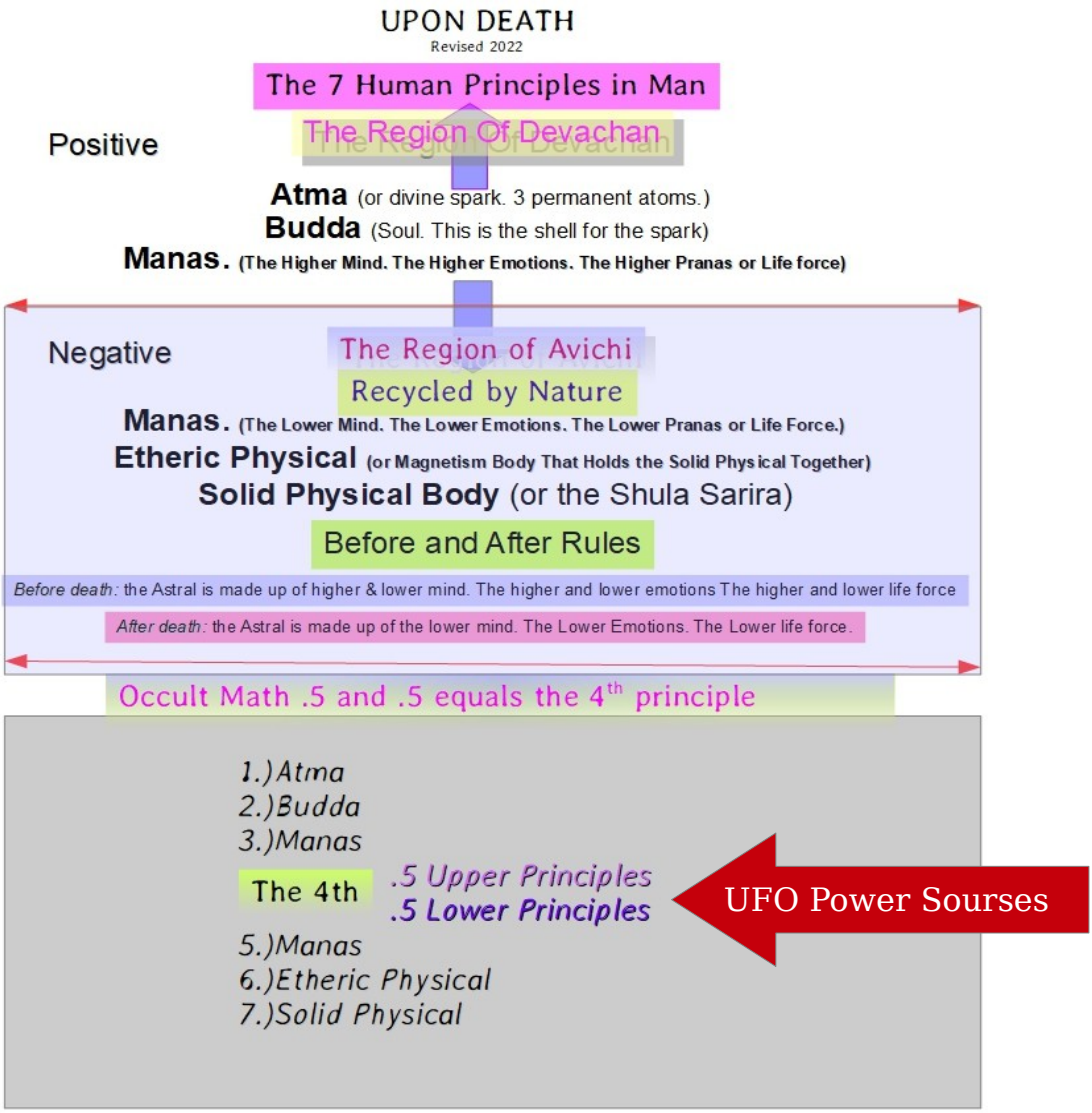
10-25-2022 Undal's new nick name is “Yum Yum Girl”! No longer "Bushy Shack". The girls say the future will be very interested in my papers and music. The girls say Putin will leave office. Heidi might have a problem with aging rates of her physical and etheric bodies. They age at different rates. It might be that after I'm dead she will have to re-enter her physical body for 30 or 40 years so as to catch up with her etheric body, She has spent most of her life in her etheric physical body.

10-27-2022 Talked with Heidi. She said there is no “authority structure” among the 8 ET Female wife's of our group. Abena is leader because she is judged by the other girls to have the best skill set for leadership. It is leadership by committee. Most of the time it is unanimous agreement. The except is when the logic of the two sides of a solution is equal. In that case the majority vote rules. *“We go with the best solution for the team. Anyone of us are able to answer your question. We always go with the best solution for all. We have a committee of 8 females who decide the question based on the best info at hand in all matters. Anyone of us can answer your questions. No one has a better answer than anyone else in our group. That is how we roll.”* I asked a question of Master D.K. **“Do the ET use Devachan Parana energy or Avichi Parana energy to power their UFOs?”**. Answer: **”they use a little bit of both. Mostly Avichi Parana energy, but sometimes a little bit of the Devachanic Parana energy. It depends on the ET race and power system used."** (**see my chart upon death / the 7 principles in man)** Mostly the ETs use the lower lifeforms energy with maybe a bit of higher life-force energy. The ray beams used are mostly blue-green. Sometimes the Grey-blue ray beams are used, but not much. It is rare that the gray-green ray beam is used, This explains tree ring growth. Also plant growth. It is like over watering a house plant. **(Fact: Master D.K. Confirms Parana energy as a power source for some UFOs)**


UPON DEATH
Revised 2022
The 7 Human Principles in Man
Positive
The Region Of Devachan
Atma (or divine spark. 3 permanent atoms.)
Budda (Soul. This is the shell for the spark)
Manas. (The Higher Mind. The Higher Emotions. The Higher Pranas or Life force)
Negative
The Region of Avichi
Recycled by Nature
Manas. (The Lower Mind. The Lower Emotions. The Lower Pranas or Life Force.)
Etheric Physical (or Magnetism Body That Holds the Solid Physical Together)
Solid Physical Body (or the Shula Sarira)
Before and After Rules
Before death: the Astral is made up of higher & lower mind. The higher and lower emotions The higher and lower life force
After death: the Astral is made up of the lower mind. The Lower Emotions. The Lower life force.
Occult Math .5 and .5 equals the 4th principle
1.)Atma
2.)Budda
3.)Manas
The 4th
.5 Upper Principles
.5 Lower Principles
UFO Power Sourses
5.)Manas
6.)Etheric Physical
7.)Solid Physical

Note: Semyon Kirlian was able to photograph human auras or "Prana energy" which is not heat, electricity, magnetism or kinetic. Prana specifically belongs only To those process that human beings call "life". For more info study the work of the Austrian Doctor Wilheim Reich work on "Orgone Energy" Along with the work of Biologist Rupert Sheldrake on "Morphgenetic Fields". Also, Some ET Races use "Prana energy" To power their UFOs.

10-29-2022 Abena says: I won't lie to you unless your soul needs me to. I'll always give you the most truth I can. It might have some holes in it but what I give will be true.

11-1-2022 Master says: "You have work to do. We won't let your health interfere".

11-12-2022 **Question:** I ask Master D.K. "**How I can help humans awaken?**" Answer:**"Let the chips fall where they may!".**

11-21-2022 **Sunflower** woke me up with 3 beeps. So I got up and saw her UFO by the light post in the back. I shot video. She told me she a **boyfriend named "Ralph"** he is a solid human like me , Sunflower is etheric physical.

Ralph is a chemist from Australia. She says he is cute! She loves him. Sunflower has to lower her vibration rate to mate with Ralph.

Hank The W56 ET

11-23-2022 Jane says: A W-56 ET told her that “your government is not about to join us at this time.” At 3:20 AM on the 24th a W-56 the same shadow being ET whom I call “Hank” said he was helping to help me.

Circular Behavior In Animals, Humans and Nature

11-27-2022 **Hank the W-56 ET** told me that “The strange circular behavior of animals, human and UFO around the globe share 3 common ingredients: 1.) Ley lines (crossing Magnetic lines of force)2.)Sun Spots (11 year cycle) and, 3.)Fibonacci Spiral or the golden ratio” Hank says he has replace Barda as punkydoodle's main contact. Hi telepathic vibration is very different from the space brothers (my girls). The next few year he will release very important information to us. He said my health will be Restored because it will be needed to Finnish out my earth mission. People will flock to us for information. He said I will live 30+ years.

12-11-2022 **Hank of the W-56** came to me last night, I had strange marks on my feet the day before. Then last night before bed Hank projected electrons into my retinas which is the sensitive part of the eyeball. This was not like the space brothers technique of telepathic communication! It over rode my normal vision. It blacked out my normal vision partially! So I turned the lights off and I could see inside his ship. Not sure if this was his UFO? However, Hank still used the space brother telepathic technique for audio. then I went to bed and fell asleep. In a dream Hanks show me a white Victorian house. I told him "I want to own this house". The house was in a vast complex of buildings that held research labs for UFO testings and technology museum. I was shown the earth music record museum which was packed full of record equipment. Most of it I knew. Some I'd never seen before. In my next life I will be a Saturn engineer and this is the place I will come to to study my craft. I was told they do not choose students based on mechanical or mathematical skills, but rather based upon your heart's will to serve others.

Herald

12-24-2022 **"Herald": Master Hilarion** (A.K.A. Paul of Tarsus) came to me last night and said I'll have another role beside "spokesman" for the spiritual Hierarchy. He works out of Chicago but also works in Egypt. He seeks to Develops public intuition! Woke up this morning with strange red mark on my left hand.

2023

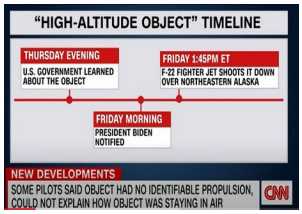
12-27-2023 Master said he was going to overshadow me when the time comes. Also, sweetcorn will add years to my life cycle.

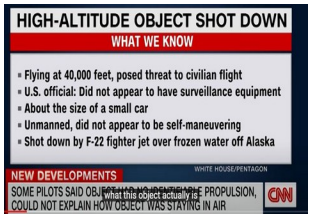
1-27-2023 Heidi says: "Most commercial & cargo airplanes fly around 20,000 FT. From 30 to 40,000 Feet cargo planes get into problems. Jet fighters about 40,000 feet they start to have problems. Above 50,000 Feet military & research planes.

NEW SPACE SUITS

1-30-2023 **Abena says:**"New Suits for our family. Can wear on our bodies for two weeks without washing. Tee-shirt thin. Light green with blue trim. New Hi-tech. Screens out radiation, toxins, bacteria & virus. No longer have to wear bulky device on our waist, or place in the cleaning cabinet." They are making special suits which the girls will put on and take off my body. It will do the same work as their new suits. I won't notice my suit at all. This will help my health. Suit draws out radiation, toxins, bacteria & virus from my body and stores it in my sweat which the suit will have neutralized. Also, ETs are putting

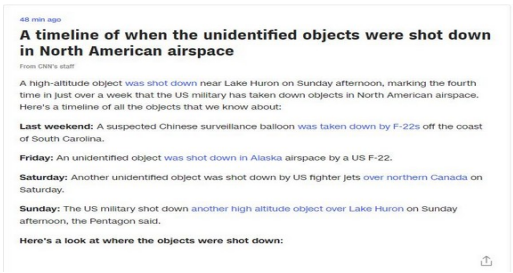
vaccinations in water & plant to help earth's sea & land animals-food chain to fight off global warming diseases.


"HIGH-ALTITUDE OBJECT" TIMELINE
THURSDAY EVENING
U.S. GOVERNMENT LEARNED ABOUT THE OBJECT
FRIDAY 1:45PM ET
F-22 FIGHTER JET SHOOTS IT DOWN OVER NORTHEASTERN ALASKA
FRIDAY MORNING
PRESIDENT BIDEN NOTIFIED
NEW DEVELOPMENTS
SOME PILOTS SAID OBJECT HAD NO IDENTIFIABLE PROPULSION, COULD NOT EXPLAIN HOW OBJECT WAS STAYING IN AIR
CNN


HIGH-ALTITUDE OBJECT SHOT DOWN
WHAT WE KNOW
Flying at 40,000 feet, posed threat to civilian flight
U.S. official: Did not appear to have surveillance equipment
About the size of a small car
Unmanned, did not appear to be self-maneuvering
Shot down by F-22 fighter jet over frozen water off Alaska
NEW DEVELOPMENTS
SOME PILOTS SAID OBJECT HAD NO IDENTIFIABLE PROPULSION, COULD NOT EXPLAIN HOW OBJECT WAS STAYING IN AIR
CNN

OBJECTS SHOT DOWN
FEBRUARY 10 ALASKA
FEBRUARY 11 YUKON
FEBRUARY 12 LAKE HURON
FEBRUARY 4 SOUTH CAROLINA
LIVE
CBS NEWS
SENATORS RECEIVING BRIEFING ON AIRBORNE OBJECTS
U.S. SHOT DOWN FOUR OBJECTS INCLUDING CHINESE SPY BALLOON THIS MONTH

US officials give details on objects shot down
LIVE UPDATES
All 3 objects looked different, and those shot down over Alaska and Canada may have had payloads, officials say


48 min ago
A timeline of when the unidentified objects were shot down in North American airspace
From CNN's staff
A high-altitude object was shot down near Lake Huron on Sunday afternoon, marking the fourth time in just over a week that the US military has taken down objects in North American airspace. Here's a timeline of all the objects that we know about:
Last weekend: A suspected Chinese surveillance balloon was taken down by F-22s off the coast of South Carolina.
Friday: An unidentified object was shot down in Alaska airspace by a US F-22.
Saturday: Another unidentified object was shot down by US fighter jets over northern Canada on Saturday.
Sunday: The US military shot down another high altitude object over Lake Huron on Sunday afternoon, the Pentagon said.
Here's a look at where the objects were shot down:

US fighter jet shoots down object over Great Lakes region
File Photo
LIVE UPDATES
Officials say the object was shaped like an octagon with strings hanging off it and no discernible payload

2-13-2023 The girls say:**"2 of the 3 objects shot down in Alaska, Canada & Lake Huron were ET devices, The ET group behind these devices come from outside earth's solar system, However, they do not work with the Space Brother Group."** China's military leaders are no longer under the control of the Chinese communist party. The party is trying to figure out how to purged "27" leaders from the military ranks."

2-16-2023 Bad News. **William John & Sex Bolger broke up.** No Longer together. The girls are having 4 suits made. They Changed the color to grey with light green trim. Suits suck out toxins out of my body by way of sweat.

I'll be wearing these invisible suits the rest of my life. I will notice when I don't have my suit on. I'll wear the suit on my physical & etheric body. They are made from earth elements.

2-17-2023 Talked with Moboo. She said our girls tend to shed pre-birth secretions

as opposed to earth females who shed after birth secretions. This is messy. That's why the girls didn't want me at the births of our kids.- very messy.

2-23-2023 Barda says: **"Don't Let the intentions of others form your judgment of Lynn"**

<u>New Suits Installed.</u>

3-2-2023 Suits are light grey with light green trim. Can wear for 3 weeks before

I need to change. ETs made me 4 suits. My back is feeling much better. Toxins draw out through my in my sweat. Suits can fold down to the size

of a ring or pin head if needed. Takes about 1/50th of a second. Good for sex when needed. Health is improving. Girls put on and take off my body. Suits fit mostly my etheric body and some what my solid body. I can't feel my suit on my body but I sense it.

3-7-2023 Abena said that the ETs are going to raise my cogitative & analytic skills to human genius levels. At that level I will be on par with the average space brother. However, they won't be enhancing my memory. It will remain the same. This is needed to better interact with the ETs.

The new suit is wonderful. All my muscle pain in my back and left foot is almost gone.

Barda's Economic Briefing.

3-11-2023 There are pockets of investors all around the global financial system. They control the resources. Due to global warming governments will be forced to redistribute these resources to their populations so as to prevent social collapse. Expect wealth to flow from the few to the many. The new system is being born.

4-12-2023 **Moboo says:** The Som1-01 Extraterrestrial entities and technology, recovery and disposal operations manual is half true & half false. Not just one group. Treaty to abduct made with just one ET group. The Som1-01 manual speculates!

5-8-2023 ETs can pin point magnetic wave to act like acupuncture so as to adjust our bodies. They can do this if we are awake or asleep.

Dark Force Attack

5-9-2023 Dark forces attacked me in my dream. I woke up. Created healing white light that drove off the evil forces. I invoke my power. I glowed like the sun.

Venus Motherships Build on Mars.

5-15-2023 The ETs have agreement with certain nations to collect space junk. This is needed for humans to travel in space. At some time the humans must take over space junk program. **Rom says: "Mother-ships build on Mars to our specializations. The Victor Class UFO used by Venus are then build on these mother-ships for Venusian away mission on earth. Venus does not use Victor class UFOs out of the solar system. It is akin to your river boats (VS) your ocean liners." Rom also says: "There are 7 types of basic propulsion systems. I will brief you later on."** *Note: Rom's info confirmed: See book-Stranger at the pentagon pages 105-107."victor class UFO's of Venus have the capability of interplanetary travel if & when it is necessary. They are not designed for deep space travel.*

Valiant Thor Telepathic Contact

5-16-2023 Says he has work for me. Will give me the tools to do the work.

Soul Profile

5-26-2023 All telepathic communications between me and my ET family are recorded & filed. They keep this so as to build up a psychological history of my soul and it's personality. This is analyzed and kept in the computer. If the contactee has past lives relationships with the ET's this psycho-physical analysis is referred to during the current reincarnation. The ETs use this profile to make contact decisions as needed. All contactee have a computer profile. If it is a repeating contact over many life times the file is update. This computer is in the etheric. In that realm the computer stores the soul profile. This should not be confused with "Karma". **"Karma is, in other words, essentially a chain of causation, stretching back into the infinity of the past and therefore necessarily destined to stretch into the infinity of the future." This record comes from the Akasa or svabhavat and is on higher Plane than the ET's etheric computer."**

New Form of Sex

6-13-2023 Shanna up her game with a new form of sex. She merged her body and consciousness with mine. It was very close to being a new person. We could feel each other's body and mind as one. kind of like when a man and women have simultaneous orgasms but at a higher level of awareness.

It felt like I was ejaculating without the physical and it lasted for about 45 minuets. She trained my consciousness so I can project myself into Lynn. She didn't understand it but she really like it. Shanna said

it will bring Lynn & I closer together. Shanna said Lynn is not out of the picture? That Lynn will be back.

6-16-2023 I'm picking up on the thoughts of others. I sense what they are thinking about me. Strange! Something is changing inside me?

Mating Cycles: Sunrise & Sunset.

Izzy said: **"The ET races within our solar system do rotate between ET/Female & ET/Male mating cycles, However, those outside our timeline & solar system don't."** Heidi's dad was from Mars and her mom was from earth. Heidi was born in **1549** on the tail end of the Pisces male cycle.

The twilight cycle overlaps Pisces sunset and the Aquarius sunrise transition. Earth revolution around the milky way is about 25,868 years

total. During the twilight cycle both male and female ETs mate with earth humans. Heidi was born in 1549. This twilight cycle rule for breeding does not apply to other worlds out side our solar system. Also, This twilight cycle rule for breeding does not apply to other Dimensions or timelines. Pisces ended in 2012. We are in the **"4.4.5."** cycle. In 1000 years earth will reach the **"4.4.6"** cycle in **3,000 AD.**

7-12-2023 Last Night Blue Moon (Moboo) came to her daddy. She needed my hugs & snuggles. Undal & I loved on her. Blue Moon was upset. Would not talk about it. Then Undal said it was a guy problem. Blue Moon is ready to mate.

7-29-2023 Susan says: **"The closer you evolve towards perfection the less suffering & pain you experience."**

8-1-2023 Rom says: I'm never out of contact with you. I'm always there.

8-4-2023 Rom says: "Pot doesn't hurt you Al. It does not interfere with your cognitive abilities. It was not meant for you to get busted as a drunk driver. You have earned contact in my book Al! We are advising aviation

systems and nations to **avoid radiation hot spots** from time to time so as to avoid crashes and deaths".

8-7-2023 Heidi says: "My first boyfriend from Woodstock, **Tommy** died between 1971-1972 in New Jersey. He was joy riding with some friend when they hit a garbage truck and he died" Then she showed me his face telepathically.

8-14-2023 Roger's women is called **"Sadie"**. She is nice. She is a fleet nurse. Most likely they will mate. Rom has a new Job: Back-up battlecruiser in

the ET's reserves force. They use him as needed. As a back-up.

Quantum Manufacturing

8-21-2023 Master M Says: By the year 2028 "**Quantum Manufacturing**" will become a fact. It will lead to a vast array of mind boggling new products for the next 1000 years. All current manufacturing systems will become obsolete. Eventually, Quantum Manufacturing along with Quantum Computing will arrange atoms into the desired products on demand by way of etheric matter. This will solve earth's current Global Warming problem and all pollution. And in the process, it will make the need for current governments obsolete. In the first phase of this roll out, which will last for 50 years, all current governments will come together and will create a "**World Wide Basic Universal Income**". There will be an attempt by political leaders to stay in control of their populations. This attempt at control will fail. It will come to an end in 2080 when certain population centers will gain freedom from political oversight.

Learning Chair

8-24-2023 ETs will begin "**Learning Chair**" Training. This will be when I am dreaming. I will have this astral training when I am sleeping. Will work on analytical I.D. of human behaviors. This is needed when Masters starts to overshadow as a spokesperson.

Multi-Dimensional Tracker

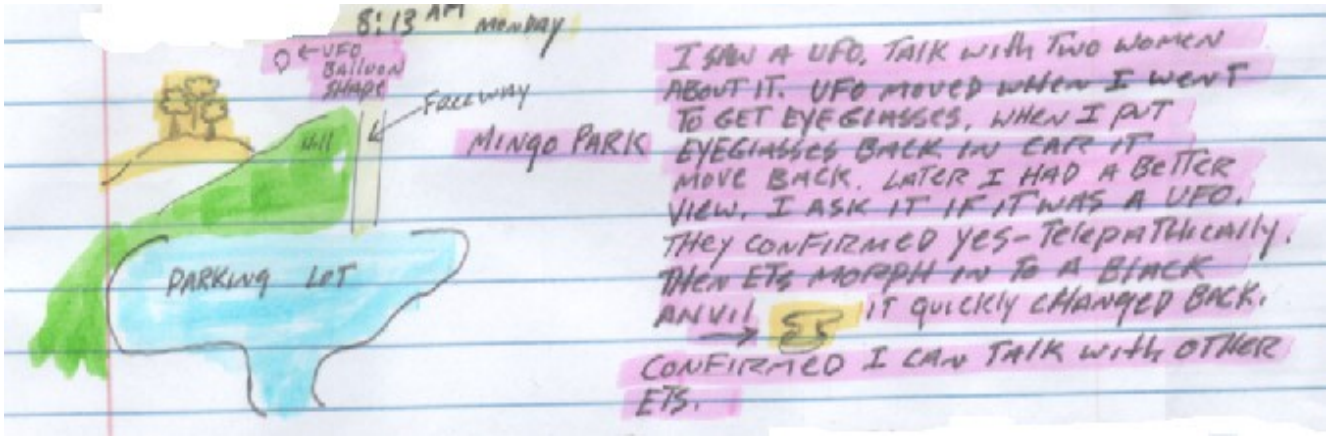
9-7-2023 I saw a **Multi-Dimensional Tracker** the ETs use as a back-up when sun-spots kick in. Sunspots sometimes block our mind to mind contact. This tracker is on my etheric body and is cubed shape but in multi-dimensions. It looks transparent to me and I could see layers.

9-11-2023 William John and Sex Bolger have decide to mate.

9-27-2023 I asked Shanna what my future life would look like and she said: "It will be very interesting". I have no idea what that means?

Flying Telephone Pole

10-2-2023 On September 26th @ 8:13 AM I saw a flying telephone pole at Mingo Park over the freeway. No way it was a building project!


8:13 AM Monday
UFO Balloon Shape
Freeway
Hill
Mingo Park
Parking Lot
I saw a UFO. Talk with two women about it. UFO moved when I went to get eyeglasses. When I put eyeglasses back in car it move back. Later I had a better view. I ask it if it was a UFO. They confirmed yes-telepathically. Then ETs morph in to a black anvil it quickly changed back. Confirmed I can talk with other ETs.

11-22-2023 Jane Ann was given a message from the Andromedians; "**Project 19**"???

Breeding Programs Down Through Human History

11-25-2023 All down through occult history there have been rotating cycles of etheric woman giving birth with solid physical men. Then the poles shift and solid physical women give birth with etheric men. The Lemurian people with etheric bodies mated with the Atlanteans who had solid physical bodies. The cycle repeats. Heidi's mother was solid physical. Her Dad, I believe was etheric. But he stepped down into a solid physical body when he came to earth. Years later, the monks help Heidi to put her body in **Stasis** so she could step up into etheric body.

Once she mastered her etheric body and mated with my earth solid physical body, we gave birth to etheric babies. She and the other girls

raised these children by way of the "**Group Mom Method**". It is kind of like the Mormon's Polygamist System. One solid physical man and eight etheric women.

12-5-2023 Abena says:"TV shows on declassified UFO films are meant to level the tech playing fields between nations. The TV shows are total bullshit focused on protecting the cash flow for top secret projects. Income from oil is drying up. The public must be conditioned with fear to keep

the cash flow up. All nations share this cash flow problem. The weapons

industry is coming to an end. You rep our interests in this matter. You

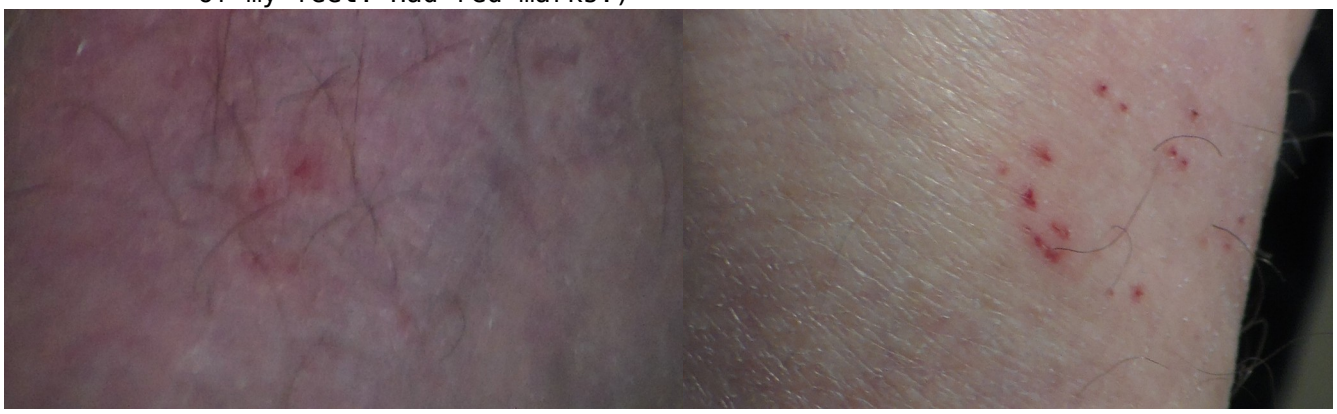
are our push back. We will give you the tools to do that at the right time. Disclosure is a black hat on going process meant to safe guard the black hat's cash flow and keep the focus on weapon manufacturing.

Infiltrationing A.I. Stand Alone Robots

12-7-2023 Izzy bought "McDonald's" for Jane Ann last week sometime. Izzy was with

Shanna in the drive through. Izzy waved out the window at Jane as she was leaving. Also, the **Raytheon Corporation** is testing an **Infiltration A.I. Stand Alone Robots** near Jane's home. These A.I. Robots will be used for "Spy-craft" ops. Room 703 is their home base so to speak. These field test are meant to see if the robots can pass for "Humans". Rom scanned me. He plans to do some Med upgrades tonight while I sleep.

Might Find some marks in the morning. (Note:Next morning I took photos of my feet. Had red marks.)



12-9-2023 Master M says: Your name means "Wise Counselor, Son of Thunder and War Like". You are bombastic & iconoclastic. When people hear the thunder They know the storm is coming. You are my spokesperson & herald! They will hear my voice through you. You are protected by your soul. If it is not in your karma then others will be blocked.

The Soma Drink and Heidi The ET

12-18-2023 The Soma drink is made from the juice of the "**Asclepias Acida**" plant. The monks may have given it to her so as to transfer and dwell in her etheric body. Only the "**Agnihotri**" or fire priest knew all it's power. Note: See Rom Log. *(8-52014. 8-27-2014. 8-28-2014. 8-29-2014. 9-11-2014. 9-17-2014. 10-7-2014. 10-8-2014. 1-23-2015. 11-7-2017. 11-20-2015. 11-23-2015. 3-9-2016. 3-11-2016. 8-22-2017. 10-13-2018.)* "Soma like herbs used to put her physical body in to hibernation". In India **"Grihasta"** is the same as **Agnihotri.** Never given to non-initiated Brahmans.)

12-25-2023 Rom showed up. Said a cycle is coming where I would go into a UFO a lot!

Said Lynn won't be happy about it. Then later Barda said Rom needs to show me some systems. How they work for my research. Rom said he will tell me when it is time for me to die. (Note: Rom once told me Tommy Jay & I would go to a air-force base. Once there I would go into a UFO. That never happen! Maybe this is a grain of salt message too?)

2024

Shanna at D.J. Prophet Gig 1986

1-7-2024 Shanna says that the night that the **Kausalities**, that is me, Rudy and Kevyn **played D.J. Prophet's**, she was doing research for a quarter at OSU. She went out to the bar with two of her lab assistants. At the bar that night Sue Link had just met Stick Hoffman. That night my bass rig for no reason would not work. It lost power and it was Shanna who cause it. As she walked out the door pass me it suddenly came on. She would make the amp lose power so I would *notice* Shanna and her friends leave. I did notice her leave. She reminded me of this after William was born. Also, years later Stick & Sue would marry.

The End Of Heidi Reincarnation on Earth

1-29-2024 Heidi says: "After your death Al on Earth I will **re-enter my physical body in stasis for the last time**. This physical body is in a monk monastery up in the mountains of southern Tibet. Then I will finish my earth journey in a solid physical body. This physical body will last for 90 years. After that my upper 3.5 principles will go into **Devachan**! This will end my reincarnation on earth. The lower 3.5 principles will then go into **Avichi** which mother nature will recycle." **Note Well: It is not meant for this current generation to have control of my UFO Research. But it is for the generation which follows. They will be given this material.**

3-28-2024 Barda is getting a new state of the art UFO next week for research. Today she is over Damascus Syria taking toxic readings.

4-5-2024 Girls told me before I went to sleep that they were going to do a medical intervention. When I woke I saw the marks on my feet! I took photos. Girls said sissy has two spots of Cancer (Kidney Stones)inside her. She is going through a ruff patch.

4-8-2024 Undal did a De-tox of my bedroom walls. Also, I breathed in some kind of fire-mist for my body pain. Strange misty vapor of fire. Really helped

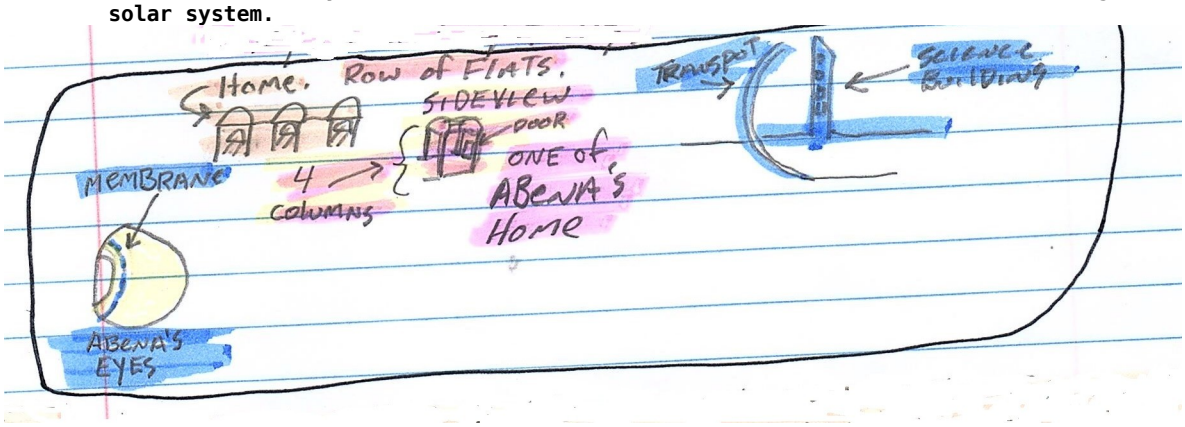
my body pain.

Heidi the Creator

4-24-2024 Question for Heidi: "How important are neutrinos in the formation of a planet"? Answer: "They are very important. There could be no planets without neutrinos. I use protons, neutrons & neutrinos to create planets and other structures in space as a creator".

Abena's Home System Altheron

5-7-2024 Abena's home system is "ALTHERON". It has 2 suns. 2 times brighter than earth. At sun rises and sun set there are lots of pastel colors. Abena's has night time dark lighting. Abena's has a sun-glass membrane behind her eye lens that acts like sun glasses when she is in the "Altheron" system. Also, spelled as "Al-ther-ron". The membranes cut back the amount of light hitting her retinas! ***(See log date 11-25-2023) (Also see Phil Coseskie video on YouTube June 6th 2010 Orange County New York. She states "Caldrea" in the*** **Altheron system is her home world. She moved around a lot before coming to our solar system.**



5-10-2024 Talked to Shanna. She said, "When I am working a war zone I get 95% of the time who I should help from our leadership. This also applies to natural disaster. But 5% of the time is a flip of a coin. So when I come to you feeling down and you cheer me up, this is why I'm sad or upset. Remember; "As above , so below. So below as above"! She said, "When a physical injury occurs in a muscle, muscle memory helps to heal or recover faster".

Philip J. Corso

6-8-2024 Barda comments on Philip J. Corso criticism that Lasers, Fiber optics, IC Circuits, Night Vision and Bullet proof vest were in development years before Corso came along. **(See book: "The day After Roswell")** "The Labs had reached road blocks with these technologies. Corso gave them the Keys to overcome these roadblocks. The Technology historians are wrong. Corso helped these techs become a Reality".

Phil Coseski, Bark & Buzz

6-10-2024 Abena said "that she did not mate with Phil Coseski". Phil's last Youtube post was on September 28th 2019. "I didn't tell you about on going contact with Phil Coseski because it wasn't important". Also, I just talk with **Bark & Buzz** the ETS. **Buzz** is now with a Female ET named **"Shell-La"** Living on Uranus. He is developing mining tech, Bark is on

the outer rim of the milky way. He has a family. He still calls me Master.

6-13-2024 Barda said that **"Matrica"** who does mission statement for the space brothers delivered a message that led to negotiations which prevented a war. She is very proud.

6-20-2024 Barda said: "There are talks between the USA and Ukraine to sell navy drones & methods of warfare. The USA is very interested in changing the balance of Navy power in the south China sea. The nations in the south China sea want to be able to push back. Also, Putin has ordered a withdraw from Crimera".

6-21-2024 Abena says: "We have important work & info for you to give to the future"

6-25-2024 Undal says: "At this point in your life you have about 5% ET DNA.

"Situational Karma"

6-30-2024 Undal spoke to me about the question of Killing... This question of killing also applies to the question of Karma! Do the spiritually under developed; who lack a knowledge of divine laws, who seek to force their evil wills upon the helpless & innocent, who seek to take their life's away because of religion, economics, or morally compromised purposes...Is it right to kill them in self defense??
When is it that karma acts in harmony with the divine plan and allows us to kill or oppose others? How does one go about understanding this **"Situational Karma"**?? Is it always right to oppose the evil ignorance in others??? It seems to me that everyone has a choice in the use of their free will. It seems to me that every Free Will has a beginning, a peak and and ending. It is also clear to me that past life karma is subject to historical cycles. These cycles come and go unto every purpose under heaven. So, How do you know when to oppose others of their morally compromised choices??? Undal says it is ok to oppose them from killing the helpless & innocent. How do you know when the divine plan sanctions that? Other ET races say it is better to be killed than to kill? This same notion of opposing the morally compromised also apply to every soul in reincarnation. Knowing your souls intention seems to be the key for the personality. Once the personality knows it's karma in the situation it will either choose to kill or be killed. That is, the personality will either choose to oppose the morally compromised, or the person must forfeit their life to the morally compromised. Divine laws says free will is sacrosanct for all. Their are time when you must kill others; and there are times when evil must kill you. Knowing your 7th sense of karma is the last sense to master. It puts and end to the need for reincarnation. It is the roughest test in the souls journey through flesh!

Update: Kids Point Of Evolution

7-2-2024 **Isis** 3.3, **Ra** 6.0, **Heart Star** 4.1, **JarRock** 3.0, **Olivia Ann** 2.1. Undal says Ra is the highest P.O.E. of all the Kids. **Ra** is a **captain** in the Saturn Warriors **JarRock** is a **LT**. in the Saturn Warriors

"Stress Conception"

7-11-2024 Kids started testing. Red Glowing kitchen at 2:48AM. Kids say it is called "**Stress Conception**". That is, the faculty of conceiving in the mind; apprehension, imagination...need to expand my skill set. It will begin again in a few weeks. "This is needed for your mission."

Red Mark Left Hand

7-13-2024 Moboo said on *7-11-2024* they were going to take some cells from my body. I looked on *7-12-2024* but didn't see anything. However today *7-13-2024* I noticed on my left hand a red mark. I took a photo. Also, today, the kids disconnect David John's cell phone to keep him from emotional overload.

Raising Space Kids

8-3-2024 I guess Abena & the girls are learning spiritually from me also! The girls use to be upset because I wouldn't admonish our kids growing up! The girls really wanted our kids to fit in with the space brother culture. They were not fans of earth youth culture. However, it turns out that the kids all got on their own paths without me admonishing them. However, there were a few times I did sit them down to talk about their behaviors. But for the most part I did not. The space kids really loathed & detested our talks! To them it was like beating them with a belt! Now Abena thinks by leaving the kids alone and letting the figure it out for themselves, this was the best way to handle the hybrids. My girls have change their P.O.V.

Abena Adopts Laitha

9-7-2024 Abena ask me to breed with her adopted daughter. **"Laitha"** was a slave working for the **Rigel Reptilians** from **Orion's belt.** Their home star is **Rigel**. Abena raided their base and freed Laitha. Then she adopted Laitha as her daughter. This was around *July 16th 2010*. Laitha was a test tube grown by the black Ops group called the **"Brigade"**. The brigade consists of human military & scientists. From a brigade member they mixed DNA with Oxicarian & Reptilian and grew her in a test tube. Next they traded Laitha to the **Rigel Reptilians.** When Abena attacked the Rigel base she freed Laitha & made her daughter. This happen on *May 15th 2010*. Laitha has some Rigel **Reptilian DNA.** But not very much. It should be noted that some reptilians are good and are serving in the "Space Brothers". However, their are others who are evil. All 8 ET females agreed to have Laitha join our breeding family. Her birth cycle is **7** months. I pronounce her name as "Laught-fee-a". From May 15th 2010 till 9-7-2024 Abena has brought Laitha up to speed slowly. That is why Abena has hid her from me until she was ready to join the family. Also, Laitha has a slight fork tongue.

Laitha

9-9-2024 Laitha has 3 g-spots & 2 ovaries. Sandy Brown hair. Blue eyes. Human & snake like smooth skin. She repairs ET tech. She is a technician. Abena saved her from the Rigel Reptilians when she was about 17. She was in a brigade batch of 16 test tube kids. Others did not make it. Some of brigade staff forced her to have sex, Later to get rid of her they traded her for tech. Her skin color is light. She is 5 foot 6 inches tall. Her earth age is **22** years **(per 9-9-2024)**. For our kids **1** earth year equals **5**

space brother years.

10-16-2024 **Laitha** says their Technology allows the same breast milk chemistry for all **9** ET females in our breeding program. So if one of the girls is not able due to their work load to feed, one of the other girls can breast feed the child. They do this a lot! That is why the kids view all **9** females as one mom. Also, when one of the girls has a orgasm the others can feel it to a lessor degree. There is a oneness attached to our group's experience of sexual orgasm. It is a little less than a co-experience. Our Births is much more messier than human females! The girls don't want me there at birth. They like to bond 1st with the child. They need some time before they'll let me bond with the child after birth. They want their culture ingrained or infused in the child after birth before I am given bonding access to our child. The girls also view **Lynn Cart** as part of our breeding group. I think Lynn is aware of what is gong on but have not been able to confirm it! So, I'm not sure if Lynn is aware of these ET females. But the girls really push the etheric orgasm aspect with Lynn. All I can say is etheric sex, that is **mind to mind sex** is much better than **human physical sex**.

Non-local displacement

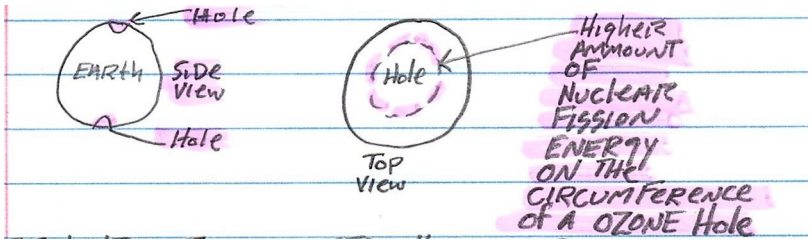
10-19-2024 Undal's dad is working on a new type of UFO based on Oxicarian design. It is called a "**non-local displacement**" type of UFO. It can be in two galaxies at the same time. Not sure how it can be in 2 places at once? Undal said it will become important later on down the road. (**Not sure if Niels Bohr theory of non-locality and its sub theory of Action-at-a-distance may explain this?)**

Abena with twins.

10-23-2024 Abena with twins. Boy: **Clifford** Martin. Girl: **Teresa** Martin. Plan to mate with Abena's Daughter Laitha. Plan to have twins. Boy: **Apple** Martin. Girl: **Sunshine** Martin

Ozone Hole and Nuke Radiation

10-28-2024 Susan says: The ozone holes over the North and South poles bring nuke radiation down to the ground. It help to neutralize nuclear fission energy Hot and Cold air cycles, along with friction slows and speed up atoms along the ozone hole circumference! When it makes contact with land, the particles get stripped off. There are 3 factors to this neutralizing process: Temperature, elements in the earth and friction. Heat pushes movement, cold slow movement. And elements in the earth strip off nuclear energy by way of magnetism which short circuit the particle motion.



Nuclear waste gets changed into electric energy by way of the earth. Ozone holes filter off fission energy. They act kind of like a lighting rod. Ozone holes filter Fission energy to a lessor or greater degree.

Laitha

11-11-2014 Her "ovulation" cycle is 8 week. Also, Shanna wants twins. Undal want baby.

The Moon

11-15-2024 Some of the crescent city ship UFOs are staff by only males. When an all male expedition goes on a deep space mission women suffer a shortage of sex. This is why the females like sex. These mission create a shortage of it. The moon is like the dating hub for male and female ETs. It is the romance hub of our solar system. The test tube that **Laitha** was born in was number **112A**. A's are for girls. B's was for boys.

11-17-2024 **Laitha** with twins: **Apple & Sunshine.**

11-21-2024 Talked with **Rom Bowtie** about the ET named **Affa** In the **Wilbert Smith Archives Remixed.** Was asking Rom about City Ships. **(See Pg-106-)** Rom Told me it was a "Container within a Container system".

Izzy

12-4-2024 At 1st Izzy said she didn't want anymore kids. Then she saw me playing with **Clifford, Teresa, Apple & Sunshine** in Abena's & Laitha wombs! She changed her mind! Also, took photos of cut marks on my fingers & knee. Abena's **Due date: 5-23-2025**. Laitha **Due date: 6-17-2025**

Julie-Robin

12-5-2024 Izzy with child. We named her **Julie-Robin** Martin. Doctor Klark to come out of retirement to handle this new cycle of births.

CTR (vs) CTR Hybrid Races

12-9-2024 Sunflower (Shanna's Daughter) says: *"The CTR race is very rigid about keeping their race of pure colons. The CTR Hybrid races are not viewed as pure colons. The CTRs want to keep their DNA as close to the original as possible. When a CTR mates with other ET races it mostly leads to conflict with the Offshoot Hybrids. The ethnically pure have, on rare occasions, mated in the past, with members of other ET races. Once the children are born they seek to create their own cultures. This has sometimes lead to conflict between CTR (vs) CTR Hybrids. Our solar system Space Brothers have great troubles in trying to understand these CTR Hybrids!"* (*see Mass contacts by Stefano Breccia*)

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